



Perpetual Adoration at St. Anthony Parish The Chapel of Mercy

The Chapel of Mercy perpetual adoration chapel at St. Anthony opened on October 7, 2008. Many regular adorers and visitors have spent time with Our Blessed Lord who is present there — body, blood, soul, and divinity—twenty-four hours a day, seven days a week. Have you visited the Chapel of Mercy yet? Jesus waits for you there!

Here are some FAQ's about Eucharistic Adoration (excerpted from *Eucharistic Adoration—Our Sunday Visitor*)

▪ ***What is Eucharistic Adoration?***

Eucharistic adoration is the act of worshiping God as He is present in the consecrated Eucharist. Since the Last Supper, when Jesus broke the bread and distributed the wine, saying, “This is my Body” and “This is my Blood,” Catholics have believed that the bread and wine are no longer merely baked wheat and fermented grape juice, but the actual living presence of the Second Person of the Trinity. Spending time before the Blessed Sacrament, in prayer and devotion, is exactly the same as spending time before the living God. Adoration occurs whenever someone kneels in front of a tabernacle that contains the Blessed Sacrament, genuflects toward a tabernacle, bows before receiving the Blessed Sacrament at Mass, or, in a more focused way, when the Blessed Sacrament is exposed for adoration.

▪ ***How is the Blessed Sacrament “exposed”?***

The sacred host is placed in a sacred vessel called a monstrance which is placed on the altar for adoration.

▪ ***What is Perpetual Adoration?***

Perpetual Adoration is continuous exposition of the Blessed Sacrament for the purpose of uninterrupted adoration, twenty-four hours a day, seven days a week.

▪ ***What do I do during private adoration?***

Some suggestions for what to do during private Eucharistic adoration are:

1. Pray the Psalms or the Liturgy of the Hours
2. Meditate using Scripture
3. Read the life of a saint and pray with him or her
4. Pour out your heart to Christ and adore Him
5. Ask for forgiveness and intercede for others
6. Pray the rosary
7. Sit quietly and just “be” in the presence of God

▪ ***Do I have to spend an hour in adoration?***

No. Although Perpetual Adoration requires that an adorer be present for each of the twenty-four hours in a day, not everyone who adores is required to fill an hour. The chapel is open day and night and all are free to make a visit any time for as little or as long as they like. If you haven't visited the chapel to spend a few moments with Jesus, consider doing so soon.

Permanent and Substitute Adorers THE CHAPEL OF MERCY

If you would like more information or if you are interested in signing up for a permanent hour or as a substitute adorer (fill in an hour occasionally on an “as needed” basis) please contact Jody at 815-263-3598.

